

REGION 6 AA TRACK & FIELD

GIRLS CHAMPIONSHIPS

JUNE 1 & 2, 1990

HAMLIN UNIVERSITY

SCHOOL	POINTS
1. Minnetonka	123
2. Robbinsdale Armstrong	100
3. Edina	63
4. Bloomington Jefferson	39
5. Mound Westonka	38
6. Wayzata	35
7. St. Louis Park	33
8. Bloomington Kennedy	32
9. Hopkins	30
10. Richfield	2
11. Robbinsdale Cooper	1

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<u>STUDENT</u>	<u>SCHOOL</u>	<u>F.A.T.</u>	<u>H.H.</u>
*1. Keri Zweig	Minnetonka	11:46.18	11:45.0
*2. Jenny Bach	Armstrong	11:48.16	11:48.0
3. Lynn Frank	Jefferson	11:56.98	11:56.9
4. Jennie Mearkle	Edina	11:58.99	11:58.8
5. Tricia Daniels	Armstrong	12:15.28	12:14.9
6. Kathy Moore	Minnetonka	12:28.63	12:28.4

Record Holder: Sarah Gandrud, Jefferson - 11:00.9 (1984)

4 X 800m RELAY

*1.	Armstrong	9:55.29	9:55.2
*2.	Minnetonka	9:55.54	9:55.4
3.	St. Louis Park	9:58.56	9:58.5
4.	Wayzata	10:23.56	10:23.4
5.	Edina	10:30.45	10:30.2
6.	Cooper	10:44.18	10:44.0

Record Holder: Armstrong - 9:36.64 (1986)

100m HIGH HURDLES

*1. Katy Fawbush	Edina	15.11	14.9
*2. Becky Nelson	Minnetonka	16.32	16.1
3. Andrea Maenke	Armstrong	16.34	16.4
4. Amber DeWall	St. Louis Park	16.36	16.2
5. Carrie Bakken	Armstrong	16.34	16.4
6. Tracy Sterk	Wayzata	16.43	

Record Holder: Cheryl Henderson, Wayzata - 15.0 Prelims (1987)

100m :

*1. Tonya Andruskiewicz	Minnetonka	13.13	13.1
*2. Krisi Bjerke	Mound-Westonka	13.28	13.1
3. Erica Orrben	Kennedy	13.32	13.1
4. Colleen Powell	Armstrong	13.52	13.3
5. Kelly Colwell	Minnetonka	13.60	13.4
6. Dalia Khourshid	Armstrong	13.80	13.5

Record Holder: Jennifer Bell, Lincoln - 12:31 Prelims (1982)

4 X 200m RELAYS

*1.	Armstrong	1:46.90	1:46.7
2.	Jefferson	1:47.44	1:47.3
3.	Hopkins	1:48.84	1:48.7
4.	Mound Westonka	1:49.31	1:49.1
5.	Kennedy	1:51.85	1:51.6
6.	Wayzata	1:55.30	1:55.1

Record Holder - Minnetonka - 1.43.6 (1988)

1600m

*1.	Sara Sampsell	Edina	5:27.10	5:26.9
*2.	Lynn Frank	Jefferson	5:27.29	5:27.2
3.	Rosa Earley	St. Louis Park	5:28.11	5:28.0
4.	Jennifer Bach	Armstrong	5:35.34	5:35.2
5.	Alberta Annderson	Kennedy	5:40.59	5:40.3
6.	Molly Harris	Armstrong		5:48.7

Record Holder - Minnetonka - 3:59.56 (1986)

4 X 100m RELAY

*1.	Armstrong	50.67	50.1
2.	Mound Westonka	51.35	51.1
3.	Hopkins	52.04	51.9
4.	Minnetonka	52.15	51.9
5.	Kennedy	52.33	52.0
6.	Edina	52.41	52.2

Record Holder - Cooper - 49.6 (1982)

400m

*1.	Kim Reynolds	Edina	59.99	59.8
*2.	Sharon Rottach	Hopkins	60.02	59.9
3.	Alicia Cordes	Jefferson	61.01	60.9
4.	Michelle Boltjes	Minnetonka	61.07	60.9
5.	Stephanie Walters	Hopkins	61.57	61.3
6.	Vicki Dizinsky	Armstrong	62.67	62.3

Record Holder - Lincoln - 56.2 (1982)

300m LOW HURDLES

*1.	Katy Fawbush	Edina	46.60	46.4
*2.	Becky Nelson	Minnetonka	47.90	47.7
3.	Carrie Bakken	Armstrong	48.61	48.5
4.	Jenny Larson	Hopkins	49.76	49.5
5.	Kacie Cassidy	Armstrong	50.32	50.1
6.	Amy Nelson	Minnetonka	50.82	50.7

Record Holder - Betsy Utter - Edina - 45.4 (1988)

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800m

*1.	Jenny Halvorson		
*2.	Jenny Keeley	Armstrong	2:28.5
3.	Katy Banzhof	St. Louis Park	2:29.8
4.	Jody Brinkman	Minnetonka	2:29.9
5.	Makenzie Hekel	Armstrong	2:33.6
6.	Cindy Anberg	Minnetonka	2:34.6
		Edina	2:35.4

Record Holder - Danijela Vicanovic - Minnetonka - 2:13.62 (1986)

200m

*1.	Kori Bjerke	Mound Westonka	26.05	25.8
*2.	Amanda Miller	Minnetonka	26.58	26.4
3.	Tonya Andruskiewicz	Minnetonka	26.58	26.4
4.	Kim Reynolds	Edina	27.66	27.4
5.	Nicole Michaels	Jefferson	27.85	27.4
6.	Sherry Quittschreiber	Jefferson	27.93	27.5

Record Holder - Jennifer Bell - Lincoln - 24.5 (1982)

4 X 400 RELAY

*1.		Minnetonka		4:10.7
2.		Jefferson		4:10.9
3.		Armstrong		4:12.5
4.		Hopkins		4:12.7
5.		Wayzata		4:20.1
6.		St. Louis Park		4:25.7

Record Holder - Minnetonka - 3:59.56 (1986)

GIRLS FIELD EVENTS CHAMPIONS

DISCUS

*1. Julie Musolf	Minnetonka	124'8"
*2. Heidi Jessen	Minnetonka	122'4"
3. Pam Brinkworth	Kennedy	113'11"
4. Kristie Dean	Kennedy	112'9"
5. Marie Lindquist	Minnetonka	107'2"
6. Heather Risch	Edina	100'0"

Record Holder: Betty Nagangast, Edina West - 129' 8½" (1978)

LONG JUMP

*1. Katy Fawbush	Edina	17' 1/4"
*2. Kori Bjerke	Mound Westonka	16' 8 1/2"
3. Kristin Vandersall	Armstrong	16' 7"
4. Megan Wilson	Wayzata	16' 3 1/2"
5. Tonya Andruskiewicz	Minnetonka	15' 10 1/2"
6. Courtney Heniff	Minnetonka	15' 6 1/2"

Record Holder: Sue Harman, Cooper - 17' 11 1/4" (1983)

SHOT PUT

*1. Heidi Jessen	Minnetonka	39' 10 1/2"
*2. Pam Henderson	Wayzata	35' 6"
3. Kristie Dean	Kennedy	34' 8 1/2"
4. Pam Brinkworth	Kennedy	34' 8"
5. Julie Musolf	Minnetonka	32' 10"
6. Paige Karno	Armstrong	31' 9"

HIGH JUMP

* 1. Laurie Blood	Wayzata	5' 2"
* 2. Nina Grossman	St.Louis Park	5' 2"
3. Paula Sadler	Armstrong	5' 2"
3. Jennifer Weiland	Wayzata	5' 2"
5. Kristen Meyer	Richfield	5' 0"
6. Shannon Eastman	Armstrong	5' 0"

Record Holder: Nichols, Cooper - 5' 6 1/4" (1989)